Mood Institute

MILFORD

472 Wheelers Farms Road
Suite 306
Milford, CT 06461

Office details & directions

SOUTHPORT

3530 Post Road
Suite 302
Southport, CT 06890

Office details & directions

QUESTIONS? CALL

203-701-9737

Scan to request a consultation

Patients choose "I'm a patient."

PROFESSIONAL REFERRAL GUIDE

Specialty care. A clear way forward.

For physicians, APRNs, therapists and referral coordinators seeking consultation for adults with depression or complex mood concerns.

START THE REQUEST

moodinstitute.org/consultation

Choose **"I'm a referring provider."** Follow the site's instructions and consent process. Patients requesting their own consultation choose **"I'm a patient."**

RECORDS & FOLLOW-UP

For insurance authorization, we typically need medical records and therapy history showing prior treatment, including trials of at least two antidepressants and psychotherapy. Requirements vary by treatment and insurance plan. We will work with your team to assemble clear supporting documentation and make the strongest supported case for approval.

Call before sending records for transfer instructions. Our team replies to consultation requests within one business day; call if you have not heard back.

CARE TO DISCUSS

Psychiatric evaluation • Medication management • TMS • SPRAVATO®/esketamine

A clinician determines suitability after evaluation. Ask our team about scheduling, insurance, expected costs and coordination with existing care. Coverage, authorization and treatment acceptance require individual confirmation.



Lisa Harding, MD

Medical Director · Founder



Terrell Holloway, MD

Interventional Psychiatry
Trauma Specialist



Anthony Messina, PA-C

Physician Assistant

A request is not a confirmed appointment or acceptance for treatment. Consultation requests are not an emergency service.